

## Health-E Menu Specials

### SPECIALS...SPECIALS...SPECIALS LITE AND REGULAR SELECTIONS (SUBJECT TO CHANGE)

- 800—COUNTRY FRIED CHICKEN STEAK  
mashed potatoes & green beans
- 803—LEMON PEPPER TILAPIA  
rice w/peas & green beans
- 805—“LITE” MEATLESS SPAGHETTI  
mixed vegetables & sliced apples
- 806—“LITE” VEAL MARSALA  
peas w/carrots & spinach
- 808—SWEET & SOUR MEATBALLS OVER RICE  
carrot ; & peas
- 810—SWEET & SOUR CHICKEN  
mixed vegetables & white rice
- 811—“LITE” VEAL PARMIGIANA  
broccoli & pasta
- 817—“LITE” CHICKEN FLORENTINE  
pasta & mixed vegetables
- 820—“LITE” SALISBURY STEAK  
mashed potatoes & sliced carrots
- 822—“LITE” CHICKEN BREAST  
white rice & mixed vegetables